THE HEART OF ITALY: UMBRIA & ROME

Itinerary: 10 Days/ 09 Nights

Program in Brief	
Day 01	Benvenuti in Italia - Rome to Perugia
Day 02	Perugia Sightseeing - PM: Perugia House of Chocolate
Day 03	Sacred Pilgrimage & Umbrian Charm: Full Day tour to Assisi & Spello
Day 04	AM: Deruta – Be the Artisan Yourself! – Wine Tasting & Light Lunch PM: Afternoon at leisure
Day 05	AM: Hands on! Cooking Class in Umbrian Casale PM: Afternoon at leisure
Day 06	Orvieto to Rome – Olive Oli Experience with lunch in Orvieto
Day 07	AM: Cinematic Rome Walking Tour – Lunch PM: Afternoon at leisure
Day 08	AM: Ancient Rome & the Colosseum PM: OPTIONAL: Trastevere Food Tour
Day 09	Vatican City, St. Peter's Basilica, Sistine Chapel – Dinner
Day 10	Arrivederci, Italia!

Embark on an unforgettable 10-day journey through the heart of Italy, where the timeless charm of Umbria's medieval towns meets the eternal splendor of Rome. Indulge in authentic Italian cuisine, savor fine wines during exclusive tastings, and dive deep into local culture with hands-on cooking classes and guided explorations. With luxury accommodations, curated experiences, and breathtaking landscapes, this carefully crafted adventure promises lasting memories in two of Italy's most enchanting regions.

Itinerary day by day

Day 01: Benvenuti in Italia – Rome to Perugia

Benvenuti a Roma! Once you arrive at the Rome airport, you will be met by your driver who will transport you from Rome's airport through the countryside of dreamy rolling hills to Umbria — a region of breathtaking enchantment.Check in at the Hotel and settle into your room. You will be charmed by this splendid location, perched above green valleys, for panoramic views. Unpack, relax, and perhaps enjoy the indoor swimming pool before gathering for a welcome dinner featuring delicious traditional dishes.

Accommodation	Perugia Hotel	Meal Plan: Dinner & Overnight

Day 02: Perugia Sightseeing - PM: Perugia House of Chocolate

After enjoying your morning cappuccino and abundant hotel breakfast buffet, start your guided walking tour of Perugia, brimming with medieval pageantry. Stroll through the 14th-century Piazza IV November city center and pass by Etruscan- and Roman - period walls, the 13th-century Fontana Maggiore and the Gothic-style Prior's Palace.

After some free time for lunch, transfer to the nearby house of Chocolate – the most famous in Italy. Perugia is worldwide famous for its chocolate production. Visit the factory and the museum and learn the secret behind the Perugia's famed Baci chocolate. This evening is yours to enjoy it.

Accommodation	Perugia Hotel	Meal Plan: Dinner & Overnight

DAY 3: Sacred Pilgrimage & Umbrian Charm: Full Day tour to Assisi & Spello

Today, make your own pilgrimage to the birthplace of St. Francis of Assisi. Be transferred to the city of Assisi that together with the Basilica of St. Francis and the Santa Maria degli Angeli Church and the other Franciscan sites are UNESCO World Heritage Sites since 2000. Stop right outside of the walls of Assisi to the Basilica of St. Mary of the Angels where St. Francis spent most of his life. Then, continue to Assisi city center where you will have a guided walking tour with the visit of the revered Basilica of San Francesco d'Assisi to view the patron saint's hallowed tomb. After soaking in the peaceful atmosphere, enjoy some free time in Assisi for shopping or lunch on your own.

We meet again to continue our day to the magical Spello praised as "One of the Most Beautiful Villages in Italy," beloved for its charming alleyways, Roman gates, and rosy-stone buildings. Here you will have a nice walk with your tour escort across the renowned "Borgo dei Fiori" where you can savoir the truly peaceful Italian Borgo.

Accommodation	Perugia Hotel	Meal Plan: Dinner & Overnight

Day 04: Deruta – Wine Tasting & Light Lunch - PM: Afternoon at leisure

Today we are off to Italy's most famous ceramic town: Deruta. Artisans have been working here since the Renaissance, and we will visit a family-run store/workshop that began in the sixteenth century and continues to create beauties sold internationally. You will be introduced to the art of pottery, from the creation of the object, to the decoration exclusively by hand, taking you through the ancient

techniques of pottery making, today as in the past. You will thus be able to better appreciate and understand the painstaking and patient work required of our painters to bring to fruition the workmanship of each of our objects.
You will also be able to experience the art of painting yourself: we can provide you with qualified staff who will guide you through this fun experience, and we will give you everything you need to make your first ceramic artifact, which you can then pick up and take with you as a memento of this experience. At lunchtime, we will move on to a local winery for a visit of the winery, a guided wine tasting to learn all about the Umbrian Wine making secrets. The tasting will be accompanied by Umbrian typical food tastings. Transfer back to Perugia and rest of the day at leisure.

Accommodation	Perugia Hotel	Meal Plan: Dinner & Overnight

Day 05: AM: Cooking Class in Umbrian Casale - PM: Afternoon at leisure

Get ready to experience an Umbrian gastronomic and wine experience! Visit a local family run business to discover the secrets of authentic Umbrian recipes. Visit the wine cantina first. Then, get yourself ready to use your hands! Learn how to cook like an Italian under the guidance of Nonna Marcella. Discover the culinary secrets of the Umbrian tradition. A path that goes to the discovery of those scents and flavors that only the ancient recipes know how to bring to the table.
At the end of the experience, enjoy a lunch with your preparations gather together. The remainder of the day and evening are yours to plan.

Accommodation	Perugia Hotel	Meal Plan: Dinner & Overnight

Day 06: Orvieto to Rome – Olive Oli Experience with lunch in Orvieto

Today after breakfast, say Arrivederci to the nice Perugia and depart ahead of the Capital City – Rome. Stop on the way to visit one last Umbrian picturesque hilltop town – Orvieto. Bask in the breathtaking Umbrian vistas on a guided walk along cobblestone streets to the charming town square, with a tour of the magnificent Italian-Gothic-style Cathedral of Orvieto.

Continue your trip to a nearby Oil factory for an immersive experience, olive oil tasting and delicious lunch on the property. Guided visit to the Oil Museum & the Current Oil Mill. Lunch and Olive tastings at the Frantoio. In the afternoon, we'll arrive in Rome. Whether it's your first time, or you're returning, the Eternal City will overwhelm you with its Great Beauty. Welcome at your Hotel in Rome. Enjoying your first Roman night and its vibrant nighttime atmosphere. Dinner and evening at leisure.

Accommodation	Rome Hotel	Meal Plan: Dinner & Overnight

Day 07: Cinematic Rome Walking Tour – Lunch - PM: Afternoon at leisure

Upon arrival in Italy's cinematic capital, meet your private tour guide and head straight into the heart of the city for an unforgettable experience: a walking tour through Rome's most iconic film locations. This unique journey is dedicated to movie lovers, offering the chance to step into the world of Federico Fellini's masterpiece La Dolce Vita, and relive the magic of Eat, Pray, Love, where Julia

Roberts explored the beauty, romance, and flavors of Roman life. Stroll through charming piazzas, the cafés, fountains, and hidden corners that served as the backdrop for timeless scenes, and feel as if you have stepped right onto a film set.

Celebrate your first day in Italy with a welcome lunch at a very special restaurant—a hidden gem loved by filmmakers and movie fans alike. It is the perfect beginning to your own "sweet life" in Italy. Afternoon and evening at leisure to stroll around this captivating city

Accommodation	Rome Hotel	Meal Plan: Dinner & Overnight

Day 08: Ancient Rome & the Colosseum - PM: OPTIONAL: Trastevere Food Tour!

After a hearty Italian breakfast, get ready to step back in time as we explore the splendor of Ancient Rome. Walk in the footsteps of emperors and gladiators as you visit the Roman Forum, the heart of political and social life in ancient times, and the iconic Colosseum—known officially as the Flavian Amphitheatre, but nicknamed for the colossal statue of Emperor Nero that once stood nearby. At the end of the tour, transfer back to your accommodation.

Accommodation	Rome Hotel	Meal Plan: Dinner & Overnight

Day 09: Vatican City, St. Peter's Basilica, Sistine Chapel – Dinner

After a delicious Roman breakfast, cross borders without even needing a passport—just a 10-minute drive takes us to the world's smallest independent state: Vatican City.

This is devoted to the Vatican Museums, home to one of the most impressive art collections on Earth, including ancient sculptures, Renaissance masterpieces, and medieval tapestries. The journey culminates in the awe-inspiring Sistine Chapel, where the eyes are drawn to Michelangelo's breathtaking ceiling and the dramatic Last Judgment. Next, step into the magnificent St. Peter's Basilica, the largest church in Christendom. Admire Michelangelo's deeply moving Pietà, sculpted when he was just 24 years old, and Bernini's towering bronze baldachin that crowns the papal altar.

After this rich morning of beauty and history, the afternoon is yours to enjoy at leisure—whether you prefer shopping in Rome's elegant boutiques, sipping espresso in a sunlit piazza, or simply strolling the charming streets. After sunset, we will have our final celebration of our Trip with an amazing farewell dinner. Cin Cin to our beautiful trip!

Accommodation	Rome Hotel	Meal Plan: Dinner & Overnight

Day 10: Arrivederci, Italia!

All good things must come to an end, and so does our unforgettable Italian adventure. This morning, say "Arrivederci" to Until next time... Ciao, Bella Italia. Transfer to FCO airport.

End of Program

Services & Hotels

Price Included:

- Professional English-Speaking Tour Escort
- 4 stars accommodation in all the regions
- One group transfer from and to the Rome Airport
- Mandatory hotel city tax
- Luggage handling at the hotel (one bag per person)
- Lunch and dinners (drinks included) listed above
- Food, Wine and Olive Tastings as mentioned above
- Cooking Class in Umbria
- Tours, transfers and guides as mentioned above

Price excluded:

- Flight to and from Italy
- Gratuities to the local guides and driver

Accommodation at hotels mentioned hereunder or similar (upon availability)		
City	**Hotels**	**Nights**
Perugia	Hotel Sangallo Palace – 5-star or similar	5
Rome	Hotel UNAWAY Empire – 4-star or similar	4